

***Hampton Roads Regional LHRC Committee Meeting Minutes***  
**January 22, 2013**  
**9:00 A.M.**

**I. CALL TO ORDER:**

The committee meeting was called to order by Committee Member, Christopher Boyd, at 9:05 am

**II. EXECUTIVE SESSION:**

No business warranted closed session on this date.

**III. INTRODUCTIONS:**

Members present: Rev. Christopher Boyd, James Overton, Crystal Brown

Absent: Doris Peterkin, Chair

Human Rights Regional Advocate, DBHDS, present: Reginald Daye

Affiliate Representatives: Stephen Marsden, Community Services of Virginia, Inc.; Angie Furrow, Didlake, Inc.; Joan Whitted, Emerson Place, Inc.; Tameka Foster, EVOLVE, LLC; DeForest Mapp, Family Redirection Institute; Franklin Bradford, G.R.A.C.E.; Karla Foster, James Bentley Treatment Program; Kimberly Davis, Northwestern Human Services, Inc.; Juli Graboski/Bill Slone, Sentara Behavioral Health Services; and Arlethea Evans, Tranquility Manor, LLC.

**IV. PUBLIC COMMENTS**

None

**V. REVIEW AND APPROVAL OF MINUTES:**

The minutes for the meetings held October 23, 2012 were reviewed, and approved with corrections.

**Regional Advocate Report**

- 1. Mr. Daye offered a reminder that 2012 Annual Reports of Seclusion and Restraint are due to the Central office of VA State Human Rights by February 15, 2013.**
- 2. Mr. Daye clarified that the reports for presentation at the current meeting are the 4<sup>th</sup> Quarter report for 2012 and the Annual Report for 2012 with attachments.**
- 3. Mr. Daye offered a reminder that all reports of a Serious Incident or Death are reported to the State Central Office. The State Office will copy the Local Human Rights Office on the matter to ensure there is no crossed reporting.**
- 4. Mr. Daye advised the Affiliates that there is a vacancy for a service consumer on the LHRC, which is a code mandated position. If the position is vacant over six months, this is reviewed by a Subcommittee at the State Office. If the position remains vacant for twelve months, the LHRC could be disbanded; Affiliates could receive fines. The State could also send a letter of Sanction**

**This is an individual who has utilized services in the last five (5) years to support their mental health, intellectual disability or substance abuse treatment needs. This person must be an adult now, but could have received services as an adolescent.**

**This person cannot be an employee, vendor, or member of the Board of Directors of any of the Affiliate facilities. He recommends that the Affiliate recommending an individual:**

**1) provide the candidate with an application, listing the name of our committee.**

**2) support the candidate in forwarding the information to Mr. Daye. Remember there will be a timeframe for approval following any recommendations, so time is a factor. This position needs to be filled as soon as possible.**

- 5. Quarterly reports can be faxed to Mr. Daye. Please do not email. Reports should be mailed to members of the LHRC Human Rights Committee Board 2 weeks prior to a scheduled meeting.**

## **VI. OLD BUSINESS:**

Once the minutes from the previous meeting are reviewed and approved, at the current meeting, by the Committee, they will be forwarded to the following state website to be posted: ([dbhdsproductionsupport@cov.virginia.gov](mailto:dbhdsproductionsupport@cov.virginia.gov)) within three (3) business days, with corrections made as needed.

A draft of the current minutes will be forwarded to the above noted site for posting on the website within ten (10) business days of the Committee meeting.

The "Freedom of Information Act" mandates that all service providers post at each of their sites the date, time, and location of all scheduled LHRC meetings. This posting will include a list of all meetings scheduled for the remainder of the year.

Financial Report: The program affiliates have 0 balance in any bank accounts.

## **VII. NEW BUSINESS:**

Affiliate NHS wished to present about Avalon Woods. The members of the Committee Board requested further information and copies of documents discussing the 'program rules'. NHS plans to implement a behavior plan that involves locking a food cabinet. Necessary information for inclusion was noted to be: an MD order; a written plan; means to end the restriction, as soon as appropriate; consent from the AR; copy of the Rules of Conduct.

**PROGRAMS REQUESTING AFFILIATION:**

None

## **VIII. PROGRAM REPORTS:**

### **4<sup>th</sup> Quarter**

Community Services of Virginia, Inc. – served 29 individuals in Group home, 15 Intensive in-home and 19 Day Treatment. 0 reports of allegation of abuse. 0 cases closed. 0 complaints. 0 restraint or Time-out. License renewal due 3/2015. In-Home is awaiting the license renewal notice from September 2012. Sought Consumer member for Committee Board.

Didlake, Inc. – 25 served in day support. 1 reports of allegation of abuse (1 peer-to-peer). 1 case closed. 0 complaints. 0 restraint or Time-out. License renewal due 6/2015. Sought Consumer member for Committee Board by informing new clients and announcing at meetings.

Emerson Place, Inc. – 4 consumers receiving residential services. 0 reports of allegation of abuse/neglect. 0 complaints. Will be reporting on ongoing behavior plan. License renewal due 2015. Sought Consumer member for Committee Board by asking staff and associates.

Evolve, LLC – 17 consumers are receiving intensive in-home services. 26 consumers in the mental health support program. 1 allegation of abuse. 1 case closed. 1 complaint. 0 restraint or Time-out. Sought Consumer member for Committee Board by phoning previous consumers.

Family Redirection Institute, Inc. – 176 individuals in mental health support program. 64 served in intensive in-home care. 73 in therapeutic day treatment. There were 3 reports of abuse (3 peer-to-peer). 3 cases closed. 0 complaints. Sought Consumer member for Committee Board, with one potential candidate identified. Sponsoring in-house Crisis Intervention Training. Continues to host the HRRLHRC meetings at their office location.

G.R.A.C.E., Inc. – 5 consumers are receiving supportive in-home services. 8 individuals in residential services. 0 allegations of abuse. 0 cases closed. 0 complaints. Sought Consumer member for Committee Board by talking with employees and local residents.

James Bentley Treatment Program – no report at this meeting.

Northwestern Human Services, Inc. – 18 individuals are in residential services. 0 allegations of abuse or neglect. 0 complaints. Discussed locked snack cabinet behavioral plan. Sought Consumer member for Committee Board.

Seeds of Change – not present at this meeting.

Sentara Behavioral Health Services – 168 patients served for adult acute inpatient. 31 patients served for geropsychiatry. 8 allegations of abuse or neglect (8 peer-to-peer). 8 cases closed. 6 behavioral mechanical restraints. 1 Seclusion. 1 complaint. License renewal due 8/2013. Sought Consumer member for Committee Board. Following with interested party.

Tranquility Manor, LLC – 17 consumers receiving residential services. 0 reports of abuse or neglect. 0 complaints. Sought Consumer member for Committee Board.

## **Annual**

Community Services of Virginia, Inc. – served 32 individuals in Group home, 19 Intensive in-home and 20 Day Treatment. 4 reports of allegation of abuse. 4 cases closed. 0 complaints. 0 restraint or Time-out.

Didlake, Inc. – 29 served in day support. 9 reports of allegation of abuse (1 neglect; 8 peer-to-peer; 1 founded). 9 cases closed. 0 complaints. 0 restraint or Time-out.

Emerson Place, Inc. – 4 consumers receiving residential services. 0 reports of allegation of abuse/neglect. 0 complaints.

Evolve, LLC – 29 consumers are receiving intensive in-home services. 38 consumers in the mental health support program. 1 allegation of abuse. 1 case closed. 1 complaint. 0 restraint or Time-out.

Family Redirection Institute, Inc. – 176 individuals in mental health support program. 347 served in intensive in-home care. 252 in therapeutic day treatment. There were 30 reports of abuse (16 peer-to-peer; 1 sexual; 13 others). 30 cases closed. 0 complaints.

G.R.A.C.E., Inc. – 6 consumers are receiving supportive in-home services. 9 individuals in residential services. 4 allegations of abuse (3 peer-to-peer; 1 verbal). 4 cases closed. 0 complaints.

James Bentley Treatment Program – no report at this meeting.

Northwestern Human Services, Inc. – 19 individuals are in residential services. 7 allegations of abuse or neglect (1 death; 3 peer-to-peer; 3 neglect). 7 cases closed. 0 complaints.

Seeds of Change – not present at this meeting.

Sentara Behavioral Health Services – 713 patients served for adult acute inpatient. 153 patients served for geropsychiatry. 18 allegations of abuse or neglect (17 peer-to-peer; 1 verbal). 18 cases closed. 9 behavioral mechanical restraints. 4 Seclusion. 2 complaint. 2 complaints resolved.

Tranquility Manor, LLC – 21 consumers receiving residential services. 0 reports of abuse or neglect. 1 complaint. 1 complaint resolved.

## **IX. EXECUTIVE SESSION:**

At 10:11 am, The Committee voted to go into closed session pursuant to Virginia code 2.2-3711A to review allegations of abuse, neglect, complaints, serious incidents and/or deaths for the following programs: Didlake, Emerson Place, Evolve, Family Redirections Institute, and Sentara BHS.

At 12:07 pm the Committee voted to come out of closed session. Upon reconvening in open session, each member of the LHRC certified that the only things discussed in closed session with the following programs: Didlake, Emerson Place, Evolve, Family Redirections Institute and Sentara BHS were the allegations of abuse, seclusion, restraints and the incidents of peer on peer aggression.

At this time, the Committee moved and voted to adopt the following recommendations:

The Committee had the following recommendations for further action:

\* Didlake: No recommendations

\*Evolve: No recommendations

\*Emerson Place: Approved behavior incorporating use of a helmet. Need signature on behavior plan approved. Continue to review updates quarterly.

\*Family Redirections Institute: No recommendations

\*Sentara BHS: Offered reminder that a letter addressing findings of an investigation and the right to appeal should be directed to the patient's AR, in addition to the patient.

**The LHRC also made the following notations:**

Any Affiliate who has recommended an individual to serve on the Committee should send the applicant to the April 23, 2013 meeting for interview. Application paperwork is available online at [dmhmrsas.virginia.gov/documents/forms/3115eOHR.pdf](http://dmhmrsas.virginia.gov/documents/forms/3115eOHR.pdf)  
Please send all application paperwork to Mr. Daye prior to the meeting for review.

The Committee will convene on February 19, 2013 to review NHS's proposed behavior plan and hear the report of James Bentley Treatment Program. Any candidates recruited by that time are also encouraged to attend for their interview.

The Next meeting scheduled for all Affiliate Programs will be held April 23, 2013 at Family Redirection Institute, Inc., 5062 Portsmouth Blvd., Chesapeake, VA 23321 9:00am.

Respectfully Submitted,

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Doris Peterkin  
LHRC Chairperson

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Julianne M. Graboski  
HRRLHRC Program Support Liaison